



East Preston Infant School

End of Year Milestones – PE

What must children achieve in PE in order to be ready for next year?

Reception:

- negotiate space and obstacles safely, with consideration for themselves and others
- demonstrate strength, balance and coordination when playing;
- move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Year One:

Children will begin to:

- master basic fundamental movement skills including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities and increasingly challenging situations (both against self and against others)
- participate in cooperative physical activities and competitive team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Year Two:

Children will continue to:

- master basic fundamental movement skills including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities and increasingly challenging situations (both against self and against others)
- participate in cooperative physical activities and competitive team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns